

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

The Palmettos of Bluffton Assisted Living

		8:30 Coffee Shop (B) 1 9:00 Bible Study w/Lew (FSR) 9:30 St. Gregory Service (BSR) 9:45 Yoga w/Cindy (ExR) 10:30 New Year's Goals (AR) 1:30 Taboo! (AR) 3:30 New Year's Celebration Happy Hour (B) 6:00 Bingo <small>New Year's Day</small>	10:00 Walmart Trip 2 1:30 Fit Bingo (AR) 2:30 What's My Name (AR) 3:30 Happy Hour w/Dr. Paul performance (B) 6:00 Bingo	10:00 Morning Exercises (ExR) 3 10:30 What's My Name (AR) 1:00 Ladies Pedicure Day (Outing) 3:30 Happy Hour (B) 6:00 Bingo	8:30 Coffee Shop (B) 4 10:00 Morning Exercises (ExR) 10:30 Collages (AR) 1:00 Bridge Club (UCR) 3:30 Happy Hour w/Dave Atwood performance (B)	10:00 Walking with Friends 5 1:00 Shopping Trip – Goodwill 3:00 Happy Half Hour 4:00 Bingo
10:00 Walking with Friends 6 11:00 SGGCC Livestream 1:00 Rummikub 2:00 Snacks and Chats	10:30 Morning Exercises (ExR) 7 1:00 Kitten Therapy w/Palmetto Animal League 2:00 Resident Council (AR) 3:30 Frozen Treat Social (B) 6:00 Bingo w/Amy	8:30 Coffee Shop (B) 8 9:00 Bible Study w/Lew (FSR) 9:30 St. Gregory Service (BSR) 9:45 Yoga w/Cindy (ExR) 10:30 Guided Painting (AR) 1:30 Balloon Volleyball (AR) 3:30 Happy Hour (B) 6:00 Bingo	10:00 Walmart Trip 9 1:30 Team Lego Building Competition (AR) 2:30 Team Soccer (AR) 4:00 Happy Half Hour (B) 6:00 Bingo	10:00 Morning Exercises (ExR) 10 10:30 Places I've Been (AR) 1:00 Noodle Hockey (AR) 2:30 Guided Painting (AR) 3:30 Happy Hour (B) 6:00 Bingo	8:30 Coffee Shop (B) 11 10:00 Morning Exercises (ExR) 10:30 Lunch Bunch 1:00 Bridge Club (UCR) 3:30 Happy Hour w/Desi Patterson Performance 6:00 Bingo/Resident Activity of Choice	10:00 Walking with Friends 12 1:00 Shopping Trip -- Off Island Thrift 3:00 Happy Half Hour 4:00 Bingo
10:00 Walking with Friends 13 11:00 SGGCC Livestream 1:00 Rummikub 2:00 Snacks and Chats	10:30 Morning Exercises (ExR) 14 1:00 Bookmobile 2:30 Tossers (AR) 3:30 Frozen Treat Social (B) 6:00 Bingo w/Amy	8:30 Coffee Shop (B) 15 9:00 Bible Study w/Lew (FSR) 9:30 St. Gregory Service (BSR) 9:45 Yoga w/Cindy (ExR) 10:30 (AR) 1:30 Taboo! (AR) 3:30 Happy Hour (B) 6:00 Bingo	10:00 Walmart Trip 16 1:30 Fit Bingo (AR) 2:30 Blind Drawing (AR) 4:00 Happy Half Hour (B) 6:00 Bingo	10:00 Morning Exercises (ExR) 17 10:30 Places I've Been (AR) 1:00 Balloon Volleyball (AR) 2:30 Southern Barrel Brewery Outing 6:00 Bingo	8:30 Coffee Shop (B) 18 10:00 Morning Exercises (ExR) 10:30 Build Your Own Pizza (B) 1:00 Bridge Club (UCR) 3:30 Happy Hour w/Dr. Paul Performance 6:00 Bingo/Resident Activity of Choice	10:00 Walking with Friends 19 1:00 Shopping Trip – Goodwill 3:00 Happy Half Hour 4:00 Bingo
10:00 Walking with Friends 20 11:00 SGGCC Livestream 1:00 UNO 2:00 Snacks and Chats	10:30 Morning Exercises (ExR) 21 1:00 Rummikub (AR) 2:30 MLK Memorial (AR) 4:00 Frozen Treat Social (B) 6:00 Bunko w/Amy <small>Martin Luther King Day Tu B'Shevat</small>	8:30 Coffee Shop (B) 22 9:00 Bible Study w/Lew (FSR) 9:30 St. Gregory Service (BSR) 9:45 Yoga w/Cindy (ExR) 10:30 Guided Painting (AR) 1:30 Balloon Volleyball (AR) 3:30 Happy Hour (B) 6:00 Bingo	10:00 Walmart Trip 23 1:30 Team Lego Building Competition (AR) 2:30 Team Soccer (AR) 4:00 Happy Half Hour (B) 6:00 Bingo	10:00 Morning Exercises (ExR) 24 10:30 Collages (AR) 1:00 Noodle Hockey (AR) 2:30 What's My Name (AR) 3:30 Happy Hour (B) 6:00 Bingo	8:30 Coffee Shop (B) 25 10:00 Morning Exercises (ExR) 11:30 NHC Bingo (AR) 1:00 Bridge Club (UCR) 3:00 Friday Funday! Drinks, Games, Snacks (AR) 6:00 Bingo/Resident Activity of Choice	10:00 Walking with Friends 26 1:00 Shopping Trip – Off Island Thrift 3:00 Happy Half Hour 4:00 Bingo
10:00 Walking with Friends 27 11:00 SGGCC Livestream 1:00 Rummikub 2:00 Snacks and Chats	10:30 Morning Exercises (ExR) 28 1:00 Bluffton Public Library Outreach 1:00 Bookmobile 2:30 Tossers (AR) 3:30 Frozen Treat Social (B) 6:00 Bingo w/Amy <small>Australia Day (observed)</small>	8:30 Coffee Shop (B) 29 9:00 Bible Study w/Lew (FSR) 9:30 St. Gregory Service (BSR) 9:45 Yoga w/Cindy (ExR) 10:30 Balloon Soccer (AR) 1:30 Taboo! (AR) 3:30 Happy Hour! (B) 6:00 Bingo	10:00 Walmart Trip 30 1:30 Fit Bingo (AR) 2:30 Blind Drawing (AR) 4:00 Happy Half Hour (B) 6:00 Bingo	10:00 Morning Exercises (ExR) 31 10:30 Places I've Been (AR) 1:00 Noodle Hockey (AR) 2:30 Draw to Music (AR) 3:30 Happy Hour w/Desi Patterson Performance (B) 6:00 Bingo	<p style="text-align: center;"> AR – Activity Room ExR – Exercise Room FSR – Front Sun Room BSR – Back Sun Room B – Bistro L – Library MR – Movie Room UCR – Upstairs Card Room </p>	

** ALL ACTIVITIES ARE SUBJECT TO CHANGE**